

.....

## PRAISE FOR *LIFE'S 2% SOLUTION* AND MARCIA HUGHES

*“Life’s 2% Solution* offers a well-defined process complete with maps and recipes for individuals who are ready to develop their true selves. It provides guidance, which will strengthen leaders who must address the vast array of problems that challenge the 21st century. Some of us will work with the process to move backwards and strengthen areas where our development is incomplete; others will develop their 2% Solutions to fearlessly become more than they thought they could. With this clarity you can re-vision and effectively tackle the mega-problems that challenge our planet, people and productivity. Please get it, and get busy!”

—Don Edward Beck, Ph.D.

Co-founder, National Values Center, Denton, TX  
Founder/CEO, The Spiral Dynamics Group, Inc.  
Founder/President, Center for Human Emergence  
Author of *Spiral Dynamics: Mastering Values,  
Leadership, and Change*

*“Life’s 2% Solution* is an important tool for professionals working in today’s corporate world. Why wait until your next vacation to come alive? Marcia Hughes offers a powerful route to connect to a more meaningful life. While your glow from a vacation may last a day or two, investing 30 minutes a day will allow your glow to shine for a lifetime.”

—Mary Broesch

Vice President and Actuary  
ING U.S. Financial Services

“Through *Life’s 2% Solution*, Marcia Hughes offers her immense wisdom of engaging life in a playful and constructive manner. Marcia offers many invitations, through practical exercises, for the reader to embrace their own ‘dance of life’ through a pathway of elegant simplicity. This book is not for the feint-hearted as its focused application may change lives!!”

—Christopher Cooke  
5 Deep GmbH, Switzerland

“As we search for meaning in our lives and a way to make a difference in the lives of others, Marcia Hughes shows us that it’s not the quantity of our actions—2% to be exact—but the quality of them that helps us get there.”

—Suzanne Kirk  
FVP, Bank Operations  
Commercial Federal Bank

“*Life’s 2% Solution* is worth 100% of your attention. Comprehensive, sensible and readable, the book is a great blueprint for helping us keep our equilibrium while we tackle the tough issues that face us during the day. It reminds us that we need not relinquish our dreams despite the pragmatic realities of the day. And it reminds us that to be effective externally, we need to spend time with our inner selves. Marcia Hughes has contributed invaluablely to those who are seeking to make the world a better place.”

—Phil Goldsmith  
Goldsmith Advisors  
Former chief operating officer of the City of  
Philadelphia and former chief executive officer of  
the School District of Philadelphia